

# Year 6

	Autumn 1 <b>Being Me In My World</b>	Autumn 2 <b>Celebrating Difference</b>	Spring 1 <b>Dreams and Goals</b>	Spring 2 <b>Healthy Me</b>	Summer 1 <b>Relationships</b>	Summer 2 <b>Changing Me</b>
	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• setting goals as well as understanding their fears and worries about the future and know how to express them</li> <li>• the universal rights for all children but for many children these rights are not met</li> <li>• how their actions affect other people locally and globally</li> <li>• how rewards and consequences make me feel and will understand how these relate to their rights and responsibilities</li> <li>• how we can function best as a whole</li> <li>• why our school community benefits from rules and how I can help others to follow them by modelling them myself</li> </ul>	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• different perceptions about what 'normal' means</li> <li>• how having a disability could affect someone's life</li> <li>• some of the ways in which one person or a group can have power over another</li> <li>• some of the reasons why people use bullying behaviours</li> <li>• people with disabilities who lead amazing lives</li> <li>• ways in which difference can be a source of conflict and a cause for celebration</li> </ul>	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• their own personal learning strengths and why it is important to stretch the boundaries of their own current learning</li> <li>• how to motivate themselves and set success criteria</li> <li>• problems in the world that concern them and be able to talk to other people about them</li> <li>• people who are suffering or who are living in difficult situations</li> <li>• some of the ways in which they can work with other people to help make the world a better place</li> </ul>	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• the impact of food on the body, eg, creating energy, giving comfort and altering mood</li> <li>• different types of drugs and their uses and their effects on the body particularly the liver and heart</li> <li>• when alcohol is being used responsibly, anti-socially or being misused</li> <li>• emergency aid procedures and know how to get help in emergency situations</li> <li>• what it means to be emotionally well and will explore people's attitudes towards mental health/illness</li> <li>• when they feel stressed and the triggers that cause this and understand how stress can cause alcohol misuse</li> </ul>	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• identifying the most important people in their life so far</li> <li>• some of the feelings they can have when someone dies or leaves</li> <li>• different stages of grief and that there are different types of loss that can cause people to grieve</li> <li>• recognising when people are trying to gain power or control</li> <li>• how technology can be used to gain power or control and develop strategies to stop this from happening</li> </ul>	<p><i>Pupils will have the opportunity to learn about:</i></p> <ul style="list-style-type: none"> <li>• an awareness of their own self-image and how their body image fits into that</li> <li>• the importance of looking after yourself both physically and emotionally</li> <li>• how being physically attracted to someone can change the nature of the relationship</li> <li>• identifying concerns or hopes for moving into Y7</li> </ul>

