

# Corbridge Middle School

## *Anti Bullying Week*

### 19th—23rd November



*We experience very little bullying at Corbridge Middle School because we are clear that bullying will not be tolerated here.*

**“At Corbridge Middle School we are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils are encouraged to tell someone and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that *anyone* who knows that bullying is happening is expected to tell the staff. “**

*Anti Bullying Policy [www.corbridgemiddle.co.uk](http://www.corbridgemiddle.co.uk)*

#### **What is Bullying?**

Bullying is defined as deliberately hurtful behaviour, repeated over a period of time, where it is difficult for those being bullied to defend themselves.

- ◆ Name calling, teasing, spreading rumours, making things up to get you into trouble
- ◆ Hitting, pinching, pushing etc.
- ◆ Taking, hiding or damaging your belongings, including stealing your money.
- ◆ Taking your friends away from you.
- ◆ Telling lies about you.
- ◆ Threats or abuse by mobile phone or internet.

#### **What can we do to stop bullies?**

- ◆ Tell someone; a friend, a teacher or your parents.
- ◆ Stay in safe areas with people you trust.
- ◆ If you see someone on their own, make friends with them.
- ◆ Try to look confident, even if you don't feel it.
- ◆ Put a note in the blue box.

**It will not stop until you tell someone or write a note.**

**You will be listened to and things will change**



## Guidance for parents and carers

**There are many reasons why your child might be unsettled and bullying is only one of the possibilities. Please inform us either by contacting your child's class teacher or by making an appointment to see one of the Assistant Headteachers, Deputy or Headteacher.**

Look for signs that may indicate a child is being bullied:

- ◆ Being frightened to walk to and from school
- ◆ Being unwilling to go to school
- ◆ Requesting extra pocket money
- ◆ Unexplained marks or bruises on their body
- ◆ Crying themselves to sleep

## Where to find out more

[www.childline.org.uk](http://www.childline.org.uk)  
[www.bullying.co.uk](http://www.bullying.co.uk)  
[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)  
[www.corbridgemiddle.co.uk](http://www.corbridgemiddle.co.uk)

## What is the blue box?

Blue is the colour that has been chosen by the Anti Bullying Alliance and so we have chosen the same colour. We have a locked blue box in school so that anyone who needs to tell something in confidence can contact staff by putting a note in the box.

## Anti Bullying Week

Anti Bullying week 19th-23rd November is being marked in school with assemblies and the selling of wrist bands as well as activities in PSHCEE and other lessons. Much of the work undertaken will go toward achieving the Northumberland Anti Bullying accreditation which shows what we are doing proactively to reduce bullying, and reactively when bullying occurs.

